



GREY POWER MARLBOROUGH

Advocating for people 50 +

From the President's Desk

In September Grey Power Marlborough held three candidates' meetings for the upcoming election. First of all, I would like to apologise to those who were guided to the wrong hall. Unfortunately, the St Mary's community centre is now the community hall but the signage has not been changed.

Having candidates invited by Grey Power means our questions were related to our senior cohort so the relative questions could be asked.

In Blenheim, Grey Power members and the general public had the choice of attending a morning or evening meeting and in Picton there was an afternoon meeting at the Picton RSA.

All candidates spoke well and spoke passionately about what their party could offer New Zealanders. Voting is not compulsory in New Zealand; however, I urge you to vote as it is your democratic right.

The Grey Power team that went to Picton RSA decided to stay for an evening meal, by way of saying thank you, as we were not charged for the venue. I have to say the meal was lovely and not expensive so, if you are heading over to Picton pop in and see what they have to offer.

Gayle Chambers



Office Snippets

Work is starting on the next Discount Book. We are still seeking extra businesses to join - particularly businesses outside Blenheim for members based outside Blenheim to use. Picton, for example, has several hundred members. Please get in touch with the office for

more information: office@greypowermarlborough.co.nz or phone 578 4950.

If you are a member with an overdue subscription, please let us know if you have decided not to renew your membership.

Let the office know if your contact de-

tails have changed. We know from chasing overdue subs that many members no longer have landline telephone numbers. It costs too much for a non-profit organisation to keep posting overdue subscription invoices repeatedly.

October Events

Cellphone usage

17 October, 2-3pm, Coffee, Cake and Cellphones, help for seniors (aged 55+) at REAP Marlborough 68 Seymour Street. Phone Kate Horrey on 022 600 3582 or 578 7848 for information and to book in.

Kate and Shona, REAP staff, will answer basic cell phone questions on an

individual basis. You can practice using your cell phones, text messages, apps etc in an informal, supportive environment. Bring a friend or family member for support and come to as many sessions as you like.

These afternoon tea sessions are free

of charge and take place fortnightly on Tuesdays on 17 October, 1 November, and 14 November, 2 to 3 pm. REAP would like you to RSVP but it is also ok to just drop in. Please bring your cell phone fully-charged.

3 Steps for Life

St John Marlborough is running 2 free sessions of 3 Steps for Life to the general public. An experienced ambulance officer will show you how to call

111, how to do CPR, how to use AED (defibrillators).

Havelock Pavilion Saturday 14th October, 10.30 am - 11.30am

Blenheim Library Saturday 28th October, 10.30am - 11.30am

To register: stjohnmarlborough@stjohn.org.nz

November Events

Public Forum

Retirement Villages Residents Association of New Zealand Inc. You are cordially invited to attend a public forum of the RV Resident's Association. Friday 3 November, 2023 at 3pm in the Wesley Centre, 3 Henry Street, Blenheim.

The Wesley Centre is in Henry Street. You can find very good parking behind the church in John Street.

Brian Peat, the RV national president,

will be reporting on current developments concerning the review of the Retirement Villages Act 2003, the structure of the RV Residents Association, and the advantages to village residents, intending residents and associate membership including families.

Friends and family are most welcome to attend this forum.

Cost: a gold coin donation would be

appreciated to help defray expenses.

Please RSVP by email to office@greypowermarlborough.co.nz or phone 578 4950

The assistance of Grey Power Marlborough is acknowledged in organising this event.

The Retirement Villages Residents Association looks forward to seeing you all there.

Members Meeting

On 23rd November we offer a talk by Rose Prendeville from Port Marlborough and Jane Davison from Downer on pro-

gress at the Picton Ferry Terminal. They will talk on the developments around the construction at the new ferry terminal in

Picton. 10.00am on Thursday 23rd November, Catholic Church Hall, Maxwell Road, Blenheim.

SUPPORTING THE MARLBOROUGH COMMUNITY

Come to us for the right advice

Your trusted local Glass Company for 50 years



When experience counts talk to us
P: 578 0850 | 47 Grove Rd, Blenheim
www.viridianglass.co.nz

DOMINATOR

Featuring **TrioCode** Technology

A revolutionary new coding system, TrioCode 128 provides enhanced reliability and security by using three frequencies to overcome interference issues.

SEE US FOR...

- Tilting • Rolling • Sectional Doors
- Garage Door & Gate Openers

41 Grove Road, Blenheim
• Ph: (03) 578 8251
Email: info@dominatorblenheim.co.nz

*Unique...
Because we understand that everyday life is.*



GREY POWER MEMBERS DISCOUNT

03 578 4719

Cnr Hutcheson & Parker Sts, Blenheim

www.sowmans.co.nz

MEMBER Funeral Directors ASSOCIATION OF NZ



GREY POWER MARLBOROUGH

Advocating for people 50 +

Preparing for an Exceptional Retirement

What will my retirement look like? While retiring can be a reward for years of hard work, it is also a time of significant change. Taking time to plan and understand this process will ensure you are in control of your retirement journey.

Prepare by joining us at one of our Retirement Preparation Hui and learn vital tips to help you understand the potential challenges, find new purpose, and thrive in your retirement.

You will learn about the various stages of retirement, receive tools to help prepare for and navigate this life

stage in a personally significant and meaningful way. You will develop a framework to implement a retirement plan based on your individual needs, learn 'top tips' from those who have experienced retirement. You will hear from experts across a range of topics including health, finance, employment, and community engagement, develop friendships through this shared experience and confirm "What does my retirement look like for me?"

This is a six week programme run from 5.30 - 8.00pm at 22 Alfred Street, Blenheim. Light refreshments

are provided. www.enlivenupper-south.org.nz

The next group is scheduled for the 12/10/23 to 16/11/23 weekly for the 6 weeks.

There is no charge as participants are part of the pilot for the programme. What is required is feedback from participants to assist with planning for future courses.

Register today! If you have any questions, or are interested in attending the course, please contact Tricia Dawson, 027 389 4305 or 03 265 4240 or email triciad@psusi.org.nz

Abbeyfield Raffle

Thank you to all those who took a raffle ticket in the recent fundraiser for Abbeyfield Marlborough.

1st prize - 72-piece dinner set went to No 44 Deidre Lister.

2nd prize - Gift basket went to No 56 Pauline.

Both prizes have been delivered to the lucky recipients.

Vote! Vote! Vote!

Finally, Grey Power encourages you to vote in the general election. Voting is for each of us our democratic right, hard-won and so important in deciding what kind of society we want to enjoy, and hand on to the following generations.

Get out and vote! Encourage your partner, your family, and your friends. Especially in a close election your vote will count.

Whose interests are served by you not voting? Not yours..... have your say!

Remember this, half-said in jest. "If you don't vote, you lose your right to grumble!"

Improved help for renters

The Ministry of Social Development now offers improved help to renters with bonds, rent, rent in advance, rent arrears and moving costs.

Renters don't need to be on a benefit to get help. Changes in March mean financial support will better reflect actual housing costs. Maximum payments and how many times people can get help in a year were increased and the

eligibility criteria were updated.

The Transition to Alternative Housing Grant and Tenancy Cost Cover have been updated to offer better support.

These changes apply to people who are named tenants on tenancies that the Residential Tenancies Act 1986 applies to. Visit Work and Income to find out more about what support is available.

People can also find out what pay-

ments they might be able to get by visiting the Work and Income website and clicking on "Check what you might get," <https://www.workandincome.govt.nz/>.

The 'Help with Housing' brochure explaining how MSD can help with housing and other essential costs is available from your local Work and Income service centre.

MoleMap

MoleMap has joined with Grey Power NZ to give members a 20% discount on their next full body mole map, skin check or skin check+ service. This promotion is available to 31 January, 2024. Telephone 0800 665 362 to book your appointment, choosing your preferred clinic and the service you wish to receive. Use the promocode GREYPOWER20 and your discount will be automatically applied. Please have your membership card with you as they request your membership number.

Rates Rebate

An increase to the Rates Rebate Scheme will help lower income home-owners who qualify to pay their local council rates this coming financial year.

The maximum rebate increases from \$700 to \$750, and the income abatement threshold rises from \$28,080 to \$30,100 to match inflation.

The scheme is a partial refund for people who pay rates to their coun-

cil. It provides financial relief for low-income New Zealanders who own their own home, including those living in retirement villages. If you are eligible make sure that you get your application into your local council.

For information about how to apply for the rebate. Refer to a pamphlet from Internal Affairs. www.govt.nz/rates-rebates

You can contact the MDC as well.



Christchurch & Wellington CHATHAM ISLANDS

Experience 8 days in one of New Zealand's most remote and unique places. The Chatham Islands are the closest most New Zealanders can get to international travel without packing their passport.

- Tour #52 Chatham X Christchurch - April 2-9, 2024
- Tour #53 Chatham X Wellington - August 12-19, 2024
- Tour #54 Chatham X Christchurch - August 13-20, 2024
- Tours #53 & #54 - Incorporating 2024 Festival of Science

All inclusive costing per person X Christchurch or Wellington.

- SINGLE shared facilities \$4,455
- TWIN/DOUBLE with ensuite \$4,555
- SUPERIOR SUITES \$4,655

All tours are for 8 days & 7 nights.

Join Merv's Chatham Island Tours

"An experience you will never forget."

- Merv Halliday

Enquire now for full details

Phone: 03 249 8294 | chathamislandtours@gmail.com

BOOK ONLINE: www.chathamislandtours.nz



One whistle you want to hear with hearing aids.

Blackmore Audiology has you covered with the latest hearing technology, so you won't miss out on all the enjoyment of the Rugby World Cup.

Free TV connector that will stream all the action directly to your hearing aids

21 Francis Street, Blenheim
ph 03 579 3092
info@blackmoreaudiology.co.nz